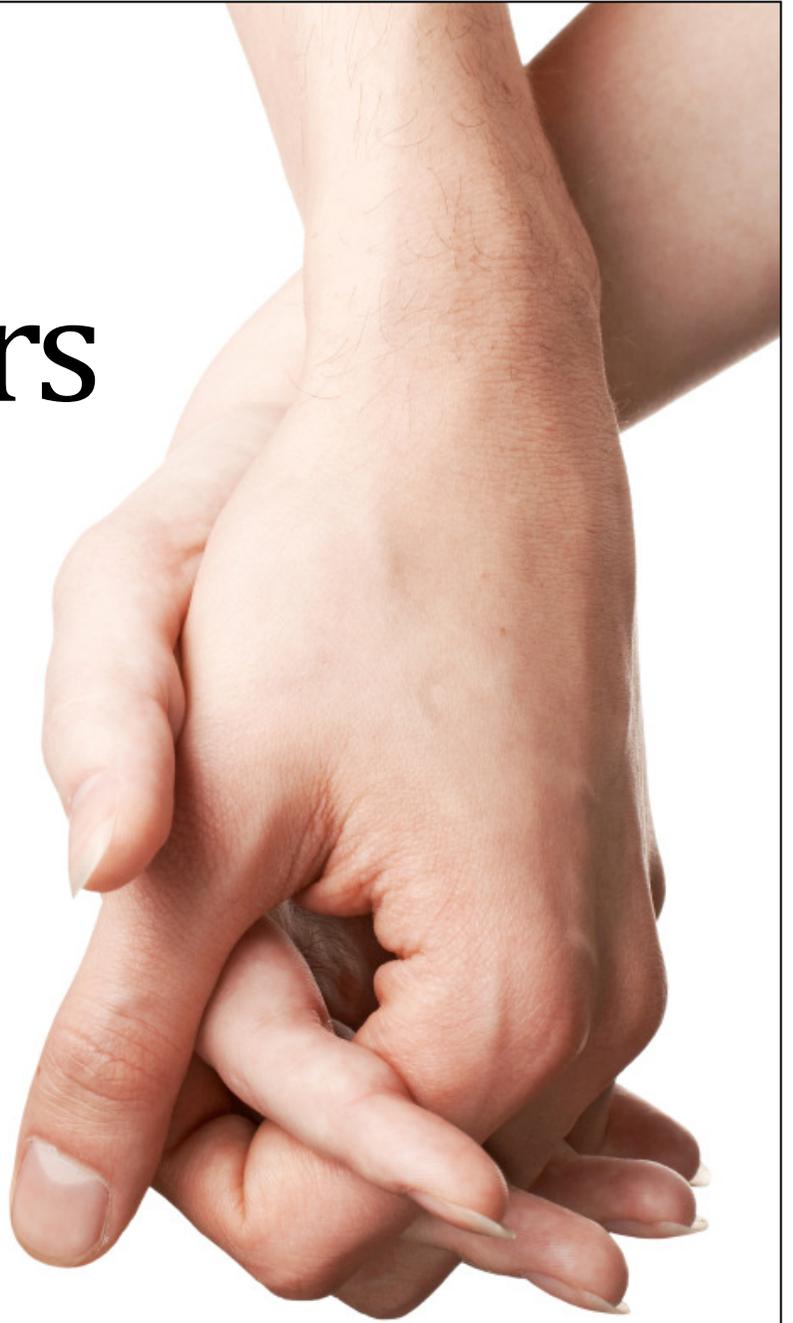


Aura Colors

&

Happy Relationships

Pam Oslie



Introduction

This is Pam Osie, founder of LoveColors & AuraColors.com. I thought it would be fun to share some insights on love and relationships – whether you're single or in a great relationship. Here are some short descriptions of what the different aura color personalities need to have happy and fulfilling relationships. (Hopefully you know your aura colors. If you don't, you can go to www.LoveColors.com or www.AuraColors.com and quickly take the quiz.)

Colors

Reds: Anyone who is going to spend quality time with Reds will need to be healthy and in great physical shape. Most Reds enjoy strenuous, robust activities. They prefer partners who have strength, stamina, and vitality. There are the traditional, hardworking, salt-of-the-earth Reds, as well as the zesty, hot-blooded, physically passionate lovers. The strong-willed Reds are happiest with partners who are highly physical, independent, trustworthy, and self-sufficient, with a strong sense of self-worth.

Oranges: Orange personalities are risk-taking daredevils who need the adrenaline rush of thrilling physical adventures. Oranges are not homebodies. So in order to have a compatible relationship with an Orange, you will have to be brave enough to accompany them on their adventures, or learn to be independent and self-reliant and not be bothered by your partner's excursions without you. Oranges prefer partners who are autonomous, efficient, highly intelligent, unconventional, adventurous, and physically stimulating.

Magentas: If you're going to be in relationship with a Magenta, you'll need to understand that these outlandish characters are the nonconformists and eccentric personalities of the aura colors. Healthy Magentas are outrageous, fun loving, free spirited, and spontaneous. Magentas appreciate partners who can be zany and impulsive and able to tolerate, even enjoy, the Magenta's bizarre and shocking behavior. The more spontaneous and outrageous you are, the better. Magentas can become bored quickly if things become too predictable. They also don't like relationships that get too serious or demanding. To them, being

emotionally responsible for anyone is confining. So partners need to be independent, wild, fun, creative, and free.

Yellows: The fun-loving Yellows need playmates. These big kids at heart need to laugh and enjoy life with their partner as their best friend. They love to make people happy, so they need partners who give them positive feedback, not constant criticism of their childlike and youthful behavior. If they get the impression that they are perpetually disappointing their partner, they will lose their natural enthusiasm and eventually give up trying to please their partner. They enjoy partners who are playful, happy, spontaneous, curious, optimistic, physically active and healthy, and content with the simple things in life.

Tans: These practical and down-to-earth personalities value long-term commitment. They need partners they can count on to be logical, devoted, and reliable. They prefer mates who can be content with and even appreciate a basic and secure lifestyle – not those who need extravagance or an outrageous and adventurous life. Tans usually are the ones who faithfully stay in marriages and jobs their entire lives. They work steadily and earn a reliable income so they can have a secure home environment, a healthy pension, and safe retirement plan. This way they can provide for their family and live comfortably for the rest of their lives. Tans are not risk takers or gamblers; they prefer partners who will share in a safe, sensible, and long-term committed partnership.

Greens: These movers and shakers are intelligent and ambitious with a strong, commanding presence. Greens want to live a well-respected and quality lifestyle. These driven, often workaholic Greens may not be at home much, however, so they prefer partners who are independent and self-reliant. Greens need to be able to respect and feel intellectually

stimulated by their mates. They also require a high level of honor and integrity from their partners. They are willing to share their hard-earned fortune with appreciative partners. Greens are risk takers and gamblers, so they need support and encouragement from their mates, not someone who will prevent them from accomplishing their goals. Their partners must respect them, their money, their plans and ideas, and their dedication to their work.

Blues: Blues are among the most nurturing and devoted partners. They live for love. One of their greatest joys and sources of fulfillment is knowing that they are in a loving, committed, and monogamous relationship. When Blues fall in love, there is nothing they will not do to keep their relationship together. What Blues needs from their life partner is love, monogamy, loyalty, faithfulness, emotional connection, mutual trust, and long-term commitment. Blues are often highly emotional beings so they need partners who are compassionate, kind, and understanding. Emotional intimacy is much more important to Blues than physical intimacy. They desire a strong emotional and supportive bond with their partner and a harmonious, spiritual, and love-filled home – and for it all to last forever.

Violets: Violets usually have strong, dynamic personalities. They are natural visionary leaders who often use their passion and vision to inspire others. They typically radiate a tremendous charisma and sexual chemistry. Violets need to live remarkable lives so they need partners who can soar with them – those who can encourage and motivate them to reach their highest potential. To feel fulfilled, Violets need companions who are their equals, inspirational partners who share their visions. If they marry people who are weak, fearful, resistant, or uninspiring, Violets can become bored, unfulfilled, and eventually emotionally disconnected. They

must experience excitement, growth, expansion, inspiration, and passion in their relationships.

Indigos: Indigos are intelligent, sensitive, spiritual, and extremely intuitive; most of them are actually psychic. Indigos can also be also extremely honest, aware, independent, fearless, and strong willed. Most exhibit a wisdom that is beyond their physical years. Indigos are ushering in a new way of thinking, a new consciousness, so they need partners who understand this and are willing to live with higher principles, those who have also developed higher spiritual awareness. Indigos need partners who are authentic, caring, wise, honest, and supportive. They want to completely bond with their partners, to be able to trust them with their deepest secrets, and to explore magnificent spiritual ideals together. It usually doesn't matter to Indigos whether this person is male or female, homosexual, heterosexual, bisexual, asexual, a different nationality, or a different color. They relate to people's inner essence rather than their outer form – they want to bond soul to soul. Their partner needs to be able to understand, accept, and live at that same level.

Lavenders: If you're going to be in a relationship with Lavenders, this is what you may want to know. Lavenders are lovely, sensitive, whimsical creatures. They are innocent and childlike, wonderful explorers of the imagination. Daydreaming is one of their greatest pleasures. Lavenders are gentle free spirits who are not happy following rules. These fragile beings need partners who are willing to provide a beautiful, stress-free environment for them, rather than insist they become anything other than the gentle souls they are. Lavenders are happiest when they have partners who are willing to handle all the financial matters and take care of all the day-to-day responsibilities. They would rather be playfully creating than

working or facing the harsh realities of the world. They need partners who can make them feel safe and nourished.

Crystals: Crystals tend to be loving, kind, and serene. They are usually quiet and introspective beings that require a tremendous amount of time alone. They love to be at home, quietly sitting in meditation or connecting with their garden. Having clear auras, Crystals are chameleons who take on the energies of those around them. They need intelligent, happy, well-adjusted, respectful, and considerate partners because Crystals tend to absorb the emotions, feelings, and struggles of their partners. Crystals can become energetically drained and depressed if they are with partners who are unhappy, angry, or in any other way dysfunctional. They need to be with people who exhibit positive behavior. When Crystals are with healthy partners, those who also understand and accept their sensitive and unusual qualities, they flourish. Crystals need to connect with mates who support them and send them energy rather than drain them. Then Crystals feel alive and happy.

If you want to know your aura colors, you can go to www.LoveColors.com or www.AuraColors.com and quickly take the Aura Colors quiz.

May you have a fun, fulfilling, and love-filled life!

How to See or Sense Auras

Natural Ability: We all came into this lifetime with the ability to see auras. Infants and animals still see auras because they haven't been taught otherwise. A dog will growl and bark at one person, yet befriend and wag his tail at another. A baby will often smile and reach out to one person, but cry and pull back from another. The dog and baby are seeing or sensing the person's aura or energy field.

We have all felt drawn to certain people. We feel comfortable and attracted to their energy or presence. We have also felt repelled, uneasy, or uncomfortable around other people. You're feeling or sensing their energy field.

Different Methods: People often learn to see or sense the aura through different methods. Trusting and using the method that comes natural to you, and then trusting and acknowledging what you see or feel are the most important factors.

1. **Feeling the Aura:** Some people first sense the aura through their physical bodies. Some are able to feel the heat from a person's aura through their hands.
 - a. **Exercise:** You may experiment with this method by holding the palms of your hands approximately three feet from a person's body and slowly moving in toward the body until you feel the sensation of heat or energy. In the beginning you may experience the sensation

in your hands only when you are a few inches away from the body. However, with trust, patience, and practice your sensitivity will increase and you will learn to feel a person's aura from a greater distance.

2. Seeing the Aura:

- a. **White Glow:** When you first start seeing the aura, you may see a white glow around a person's head. The aura is typically the brightest and strongest around the head.
- b. **Colors:** It may take a while before you begin seeing the different colors in the aura. Different people often see the colors differently – just as we each taste food differently. There is not a correct way of seeing or interpreting the different colors. Trust what you see or sense and then ask inside yourself what those colors mean to you.
- c. **Exercise:** A simple exercise to help you see the aura is to have someone stand in front of a white background while you relax and focus just above and beyond the person's head. Look above the person with “soft eyes” – the same way you have a soft focus when you daydream. Don't try too hard. Struggling and intensely focusing will probably not work. Relax and let it come to you.

Notice if after a few moments, you see a soft white glow around the person's head or body. Many people assume that what they are seeing is an optical illusion, an afterimage of the physical body. (For example, if you stare at something red for a while and then look away, the opposing color green will appear before your eyes. This is an optical illusion.) To prove to yourself that you are seeing the aura, ask the person to concentrate energy and imagine an

intense beam of light shooting from the top of his or her head. You should be able to see that white glow expand, intensify, or fluctuate.

3. Keep practicing: It may take you some time and practice to be able to start seeing or sensing the aura. So don't give up or get discouraged. We learned everything by practicing – eating, talking, walking, writing, etc. Just don't struggle with it or make it hard work. Relax and allow it to come to you.

4. How different people feel, see, or sense the aura:

- a. Many people – Blues, Crystals, and Lavenders for example - often intuitively sense a person's energy field or aura before they are able to physically see it. They can sense whether the person is insecure and sensitive, emotionally depressed, angry, or powerful just by becoming quiet and feeling the person's energy – even if that person has not exhibited any obvious outer behavior.
- b. People who process life predominantly through touch and their physical bodies are usually the ones who can feel the aura – through their hands or their bodies. Yellows, Reds, Oranges, and Magentas are typically more kinesthetic.
- c. Some people are very visual personalities – Violets, for example. They tend to actually see the aura before most people do. Their third eye seems to be more developed.
- d. It appears that a few people – for example Indigos, the new psychic children - have retained their ability to see or sense the aura.
- e. Those who tend to analyze everything – usually the Tans and Greens - can struggle the most with learning to see or sense the

aura. They are typically the least trusting and skeptical of intuitive abilities. If you are more analytical, learn to relax and let go of trying to figure out how it works. Just allow yourself to experience the energy.

Fear: Make sure you are not afraid to see the aura, because fear can hold you back. Are you concerned that your friends and family will think that you are crazy? Are you afraid they will stop loving you or abandon you? Are you afraid of your own power or your intuitive abilities? You'll need to make peace with your fears and imagine a different outcome. Trust that these abilities can help you and others, not harm or frighten them.

The Future: We are moving into a time in which we will become more aware and will develop many more abilities than we have at this time. The ability to see the aura is a natural one. We've just forgotten how to do it. It can be easy to reawaken that ability.